

## **The effectiveness of Myanmar Medicine Therapies on *Bala Pakkaghata***

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**Objective :** This present study is to determine the effectiveness of Myanmar Traditional Medicine Therapies on *Bala Pakkaghata* admitted to child ward, Traditional Medicine Teaching Hospital, Mandalay.

**Material and Method:** Study design of this study was hospital based clinical trial carried out at child ward and out Patient Department (OPD) at Traditional Medicine Teaching Hospital, Mandalay from January 2012 to October 2012. Medicine used in Myanmar Traditional Medicine Therapies System were produced from Myanmar Traditional Medicine Factory, Mandalay.

**Result:** In the present study, the effect of Myanmar Traditional Medical Therapies System was investigated on 25 cases with *Bala Pakkaghata*. It was also evidenced that mean effect on *Bala Pakkaghata* was statistically significance ( $p < 0.001$ ). So, there was statistically significant for the treatment of *Bala Pakkaghata* by Myanmar Traditional Medical Therapies System. In the present study, the mean value of signs and symptoms of *Bala Pakkaghata* in day 0 was 17.96 and that of day 60 was 4.36. The mean value of signs and symptoms of *Bala Pakkaghata* was significantly decreased in this study. It was found that the effectiveness of Treapies on Unha and Sita was not significantly difference ( $p = 0.005$ ).

**Conclusion:** It was observed that findings from this study were potential to the health benefits for patients with *Bala Pakkaghata* Traditional Medical Therapies used in this study was cost effective , easily available and less side effect. Therefore, the *Bala Pakkaghata* should be treated by the procedures of Myanmar Traditional Medical Therapies used in this study.